



Lake Henry Estates Newsletter

AUGUST 2023 Editor: Karolina Straw

Thank you Board & Volunteers for Upgrades to our Community

4th of JULY POTLUCK FESTIVITIES



Delicious Food! Denise Alhemovich, Sondra Spradlin, Butch Greene & Jerry Atterson, Clarence Hoffman, Joann Hoffman, Denise Alhemovich, Cheryl Greene and Joann Hoffman Pictures by: David & Carmen Wilde

POOL HOURS CLARIFICATION!
Per the contract with our pool cleaning company, our LHE pool, hot tub and pool area is closed for cleaning, maintenance, and chemical adjustments from NOON until 1PM on Mondays, Wednesdays and Fridays. Kindly respect this time frame and the contract agreement we have made with our pool company. With much appreciation - LHE Board of Directors

Thank you to those that share information for our pleasure. Everyone's help is appreciated.
Community Photographer- Herb Kramer

We apologize for any omissions or errors in this edition.
Our Volunteers Make Lake Henry Estates 'A GREAT PLACE TO LIVE'



NEWSLETTER INFORMATION

Please have all information submitted by the 20th of each month for the next months publication.

For any submissions, please use this Email: newsletter@lakehenryestates.com



SUNSHINE - Judy Koblentz is our Sunshine Committee Chair. Street Captains, please EMAIL your verified information to Judy at jkoblentz@gmail.com. Residents please continue to contact your Street Captains, as listed below according to assigned house number, with verified information regarding illness or death. As always, we want to ensure correct information is shared with the community. All information must be verified by family members.

STREET CAPTAINS by HOUSE NUMBER

Nancy Brinson: #420 - 433, 543-553, 554 - 557

Diane Tebaldi: #478 - 486

Nancy Karhoff: #498 - 499, 533 - 537, 610 - 646, 661 - 669

Phyllis Hennen: #437 - 444, 511 - 523, 538

Roseann Merschen: #541-542, 686 - 696, 558 - 565, 698 -709

Val Moore: #590 - 607, 647 - 660

Sharon Adler: #445 - 477

Beverly Brooks-Gore: #487 - 497

Cindy Poling: #500 - 510, 524 - 532

Carmen Wilde: #539 - 540, 589, 670 - 683

Jan Coman: #566 - 588, 684 - 685, 697, 710

SUNSHINE

FREDDIE BLAIR of 602 Sweetwater Way, passed away on July 2nd. Condolences may be sent to Jeanette at their home in West Virginia: 1766 Butlers Chapel Rd., Martinsburg, WV 25403

ROSEMARY FROST of 595 Sweetwater Way was taken to Osceola Hospital in Kissimmee for medical reasons. She is doing better now. Prayers are welcome. Cards may be sent to her home.

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5 Things Seniors Should Do to Protect Privacy on Social Media

92% of senior adults believe they are at risk on social media - and their fears are founded. According to a True Link Financial Study, seniors lose almost \$13 Billion each year due to financial scams, many of them online. The problem is so severe that almost a million seniors each year are left in financial hardship.

Five strategies you can use to protect privacy on social media:

- 1: **Use strong privacy settings** Apps and phone manufacturers are finally giving users more control over their privacy. Take time to review your app and device settings and configure the privacy controls. We recommend using strong privacy settings to keep your information from being seen by strangers. Here are a few tutorials that will help: *How to manage your privacy on Instagram*; *Keeping your privacy on Facebook*; and *Use a strong password*
- 2: **Choose your friends carefully.** - Only accept friend requests from people you know in real life. It's not impolite to decline or ignore a friend request on social media. (Also, don't be hurt if a teenage grandchild doesn't want to friend you online. You didn't want your grandma listening in on your phone calls when you were their age.)
- 3: **Don't overshare.** Be protective of your own privacy and that of your friends and family. Never share personal information like your address or birth date. Post vacation photos after your vacation, so you don't advertise that your house is empty. And don't post photos or facts that could be embarrassing to your friends or relatives, either. Social media posts live forever, and your grandson's future employer doesn't need to see a cute baby picture of him in the buff.
- 4: **Think before you click.** Scams against seniors abound. We've all heard about romance scams preying on the lonely so-called "grandparent scams" where someone claims to be a family member in trouble, health product scams for miracle cures, and more. If an unusual message or unexpected ad pops up on your social media account think twice before you click on it. If in doubt, get it checked from a trusted friend or family member.
- 5: **Report abuse.** Cyber-bullying happens against elders as well as kids. If someone is harassing or threatening you online, block that person on social media and report it to a friend or family member as well as law enforcement.

No matter your generation, we all grew up with the warning "Don't talk to strangers." It's harder to tell who's a stranger on social media, but the same rule applies. Social media safety is mostly common sense, and with all their life experience, most seniors can claim a wealth of that!



Lake Henry Estates Comm

August 2023

Tickets Please Contact: Carol Walker 863-353-8633 or Diane Tebaldi 863-421-4374

Call or text Denise A 386-848-5442 to report items for the calendar no later than the 15th of each month

Sunday	Monday	Tuesday	Wednesday	Thursday
1:00pm Shuffleboard	8:00 am Golf (Couples) 8:00 am Pickle Ball 9:30 am Water Aerobics 6:30 pm Joker GARBAGE PICK-UP	9:30 am Water Aerobics 1:00 pm Men's Shuffleboard 6:00 pm Texas Holdém	8:00 am Golf (Ladies) 8:00 am Pickle Ball 9:30 am Water Aerobics	8:00 am Golf 9:30 am Water Aerobics 9:30 am Coed
		1 BLOOD DRIVE 10:00 AM TO 1:30 PM No Coffee Talk this month	2	3 5:00 pm in F
6	7 1:00 pm Line Dancing ballroom 6:00 pm in Pub Munchie Monday	8	9	10 5:00 pm in F Pizza Party
13 Private Party in Ballroom	14 1:00 pm Line Dancing ballroom 6:00 pm in Pub Munchie Monday	15	16	17 5:00 pm in F
20 3:00 pm Cookbook Club, this month Summer Theme	21 1:00 pm Line Dancing ballroom 6:00 pm in Pub Munchie Monday	22 Ladies Luncheon at Harry's Old Place in Winter Haven at 11:30	23	24 5:00 pm in F
27	28 1:00 pm Line Dancing ballroom 6:00 pm in Pub Munchie Monday	29	30	31 5:00 pm in F

Events and Activities are subject to change. Please keep updated by reading the Clubhouse Bulletin board and checking

Community Events



Thursday	Friday	Saturday
Golf (Men) Water Aerobics Shuffleboard	9:30 am Water Aerobics 8:00 am Pickle Ball 1:00 pm Men's Shuffleboard YARD WASTE PICK-UP COUNTY RECYCLE PICK-UP	8:00 am Pickle Ball 6:30 pm Joker 6:30 pm Nickels-Group A 7:00 pm Nickels-Group B
Pub Thirsty Thursday	4	5
Pub Happy Hour	11	12
Pub Thirsty Thursday	18 9:00 am BOARD MEETING	19
Pub Thirsty Thursday	25	26
Pub Thirsty Thursday		

Birthdays

1 Carl Criger	16 Paul L Bockelman
1 Tina Ray	17 Diane Etzkorn
2 Aixa Criger	17 Pauline Minaudo
3 Joyce Diesing	17 Cathie Cunliff
5 Frank Hamedl	20 Jim Adler
6 Al Croucher	20 Russ Jones
6 Myron Coon	22 Jill Marston
6 Dale Stone	22 Donald Diana
8 Eleanor Sheldon	23 Gwen Trask
9 John Case	23 Mary Belle Kent
9 Blondell Richardson	24 Don Bangasser
11 Justine Spinks	24 Evan Matzkin
12 Jorgina English	25 Paul D. Bockelman
12 Kathy Blaskovich	27 Gladys Surillo
14 Nora Kay Francis	30 Viv Kositz
14 Jeannie Whitt	31 Rodney Bretveld
16 Luis Torres	31 Jan Coman

Anniversary's

1 Pete & Sandy Nelson	1963
1 Mark & Dawne Bockelman	1981
3 Jerry & Linda Mills	1974
6 Jim & Viv Kositz	1983
6 Duke & Shirley Kattleski	1983
6 Jeff & Kim Anderson	1977
7 Mark & Christine Awbrey	1982
9 John & Beth Muntzinger	1969
10 Bruce & Phyllis Greene	1974
13 Ken & Judith Watkins	2016
18 Dick & Nancy Karhoff	1969
20 Don & Diane Webber	1966
20 John & Rita Manly	1960
24 Paul & Debbie Maddock	1974
28 Evan & Pamela Matzkin	1982
29 Dan & Kris Bomgarden	1970

g Channel 732 and our webpage regularly.

Carol Jean Sheil, REALTOR, SRES
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BUYING OR SELLING?
I WILL BE GLAD TO ASSIST YOU, YOUR
FAMILY OR FRIENDS WITH YOUR REAL
ESTATE NEEDS IN
LAKE HENRY ESTATES
AND POLK COUNTY!

AUGUST GREETINGS!!! We are well into the “dog days” of summer! I feel we have been fortunate with our weather! Yes, it has been hot and humid, but we have not had the extremes that some areas of our country have had. Interest rates have remained somewhat stable...there is a decreased supply of available properties for sale AND properties are selling! Lily, our granddaughter will be starting 8th grade! Wishing you a wonderful August!

COMING SOON!!!!: SOUTH LAKELAND! NO HOA! Tucked away in an established neighborhood on an attractive landscaped lot on a quiet street, this charming 1858 SF 3BR/2BA home has lots of potential! Bring your ideas and imagination...this home is waiting for you! Designed with split bedrooms, the home has two bonus rooms...one that is heated/cooled and could be used as office/study, 4th bedroom or perhaps a workout room. Sliding glass doors and a slight step down lead to the second bonus room (not heated or cooled) adjacent to the living room. It has been used as a Florida room. Situated beyond is a screened lanai that overlooks the spacious, lushly landscaped and fenced backyard. The yard backs up to Southwest Elementary School grounds. Updates include: new roof to be installed; washer/dryer replaced 2021; and, the AC/heat system was replaced 2018. Southgate Shopping Center and Southwest Middle School are located two blocks away. Easy access to South Florida Ave and Polk Parkway! Close to medical facilities, restaurants, parks, places of worship, Lakeside Village and local bus line.

SALES/SALES PENDING/LEASES
586 TEESDALE DRIVE.....SOLD!

BUYING OR SELLING? I WILL BE GLAD TO ASSIST YOU, YOUR FAMILY AND/OR FRIENDS
WITH YOUR REAL ESTATE NEEDS IN LAKE HENRY ESTATES AND POLK COUNTY!!!

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“When I was a boy of 14, my father was so ignorant I could hardly stand to have the old man around. But when I got to be 21, I was astonished at how much the old man had learned in seven years!”

Mark Twain

NEWSBRIEFS FOR NEWCOMERS Newsbriefs is the main communication venue for residents of Lake Henry Estates, with Loretta Kramer as the Administrator. It is a component of the Lake Henry Estates website and can be accessed through the following address: www.lakehenryestates.com/news/

The Newsbriefs website is actually updated daily or whenever Loretta receives new information, however, for your convenience, an email update reminder is sent every Wednesday and Sunday. The email reminder includes a link to the Newsbriefs website. So that you are included in Loretta’s [Newsbriefs Update Email Google Group](#), please send your email address to: kramer.loretta@gmail.com

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LHE SOCIAL EVENTS FOR AUGUST 2023

**COOKBOOK CLUB - AUGUST 20th 3PM - PUB
Summer!**

LADIE'S LUNCHEON - August 22nd 11:30am @ Harry's Old Place, Winter Haven
Sign Up in Clubhouse; Meet at the restaurant! Questions Call Rhoda Rice

SAVE THE DATE

Labor Day Dinner & Dance - Saturday, September 2nd

"Celebrating the American Worker" Dinner at 5:30pm consisting of:
Chicken salad, roll and two sides with dessert

Entertainment will be Les Soltesz and his band, The Astronomics. Some may remember Les from his steel drum performance last year. This year, he will be bringing the band to play dance music favorites.

Tickets are \$12 available from Carol Walker until August 25th.
Chairperson is Tina Ray.

Please send a Tidbit about your occupation and a picture of you at work to
Tinaray63@aol.com by August 20th for a slide show presentation.

COOKBOOK CLUB & THEME - Sunday 3PM - PUB
Sept 17 - you pick

Mark your calendars. It would be helpful if you can RSVP Judy Koblentz by the Wednesday before if you're coming so people can plan how large to make their shareable dish.
You can text Judy or leave a message.

Poker Run - Sunday, September 24th 3-4:30pm \$5 to participate
All money collected is returned to winning players.
Chair: Joann Hoffman
Sign up in the clubhouse hallway after August 1st!

Baked Potato Bar Potluck Saturday October 18th
Social Committee will provide the baked potatoes.
Sign Up will be available after September 1st in the clubhouse hallway.
Chair: Pat Dey

Octoberfest Dinner with show/dance Saturday October 28th
Carlos and Company are the entertainers following the dinner. Menu will be Brats, German Potato Salad, red cabbage, veggie with cream puffs for dessert.
Tickets are \$12 and available from Carol Walker after September 1st.
Meal Chair: Linda Wright
Event Chair: Beth Muntzinger

REMEMBER - NO SAVING TABLES UNTIL 1PM DAY OF EVENT!